

EFASCE DI PHILADELPHIA

## President's Corner

Hello Everyone,
I would like to introduce myself. Many of you know me but some do not. My name is Laura Lorenzon Maxwell and I am very lucky to have this great opportunity. Without you we would not be the organization that we are today.

My grandparents and great-grandparents were from Poffabro Italy. How lucky are my sisters and I that three of our four grandparents had roots in Poffabro! While growing up as a child I would spend Saturday nights at Nonno's house, where friends from the "old country" would come to visit. I am so very thankful for these memories. Even though I could not understand what they were saying I knew that these were the kind of friendships that I wanted. Having Nonno Louie (Colussi Bianchini) in my life taught me how to love the traditions and the customs of the Friuli region. If I did not have him, I don't think I would have the same love for the "old Country" as I do.

At the young age of 20 I was extremely fortunate to go visit the "old Country" with my Nonno and family. We were very lucky to be able to stay in a family home Poffabro. While at 20 I did not have the same appreciation as I do today, I do remember the stories Nonno would tell me and he really did walk up a mountain to get home from school. He would tell me about the old road and how the tunnel being built really made things faster. I have lots of stories I could share about how I learned to love Friuli, but the bottom line is I wanted you all to know that I am very vested in this organization and I have been teaching my three daughters the same traditions and recipes that were taught to me.

I am proud to say my eldest daughter Elizabeth is a 4th generation EFASCE member and for those who don't know, her grandfather, Charlie, was one of the founders and the first president of this wonderful organization.

EFASCE di Philadelphia QUARTERLY NEWSLETTER<br>The Friulan Entity for Social and Cultural Assistance to Emigrants<br>EFASCE di Philadelphia<br>P.O. Box 625<br>Flourtown, PA 19031

## From the EFASCE Directors

Your directors are still working hard to keep our organization running during the CORONA lockdown. The Directors of EFASCE have continued to meet electronically via ZOOM meeting, during the months of April and May. See photos below. Many thanks to Vice President Lisa Roman for setting up these virtual meetings.

April 2020 Directors Meeting


May 2020 Directors Meeting


## Color your world

The Chestnut Hill Conservancy has provided coloring pages on their website of historic buildings in Chestnut Hill witch a description of their importance http://chconservancy.org/coloring-pages Our beloved Venetian Social Club has been featured! Send your completed colored images to info@chconservancy.org. to be featured on their webpage!


The Venetian Club - 8030 Germantown Avenue (ca. 1845, 1929;
Note: Last October, the Conservancy showed many presentations on Germantown Avenue during their "Night of Lights". The presentations have been posted to YouTube for all to enjoy, including The Italian Artisans Who Built Chestnut Hill, developed by our member Alessandra Cartelli. Click the link below to go to the Conservancy's web page, to see this and other presentations.

## Do You Remember?

By Joe Colussi


In earlier newsletters we had a section titled Do You Remember?
We recently acquired this photo to continue the column. So, do you remember???

The photo was taken from the February 24, 1952 edition of the Philadelphia Inquirer Magazine.
The article titled 'A Touch of Old Italy', was written by Steve Bland.

The article describes the emigration of Furlans from Poffabro and surrounding towns to Chestnut Hill. Coming to America, many of the men worked to save enough money to eventually bring their families to America. Settling in Chestnut Hill, many started businesses of their own, with all working as stone masons, tile setters, marble and terrazzo workers, bricklayers, carpenters, or woodworkers. A caption under one of the photos states "From this Alpine town, famed for builders of Rhine castles and Budapest palaces a whole colony came to Chestnut Hill." The article quotes the father of Maximilian Roman to his son, when Maximilian decided to go to America. "You are an artisan of Poffabro. For generations, Poffabro craftsmen have gone all over Europe, building churches and castles and public buildings. You have a heritage. Why are you turning your back on it?" Maximilian came to America and wrote back to his friends in Poffabro "This is a good place to live and work. You would do good to come here." This began the emigration from Poffabro to Chestnut Hill. From 1891 to about 1906, nearly 200 families totaling 1000 people made the trip.

The article also tells the story of how these men worked to provide Poffabro and the surrounding communities with a hospital. During WWII, the U.S. Army maintained a hospital in Maniago. The Army agreed to leave the equipment there after the war, provided that a suitable structure would be built to house it. The people of Poffabro decided that from then on, all monies received from their relatives in America would be put towards the new hospital. From 1946 to the writing of the article in 1952, the Chestnut Hill Furlans sent over more than $\$ 2000$ annually to fund construction of the new hospital. The hospital was nearing completion when the article was written.

The article included a section titled 'Vacation Brings Romance', and goes on to report that in August 1950, 70 years ago this Summer, three bachelors from Chestnut Hill: Anthony Filippi, Edward Roman and Valentine Marcolina went to Europe on a vacation trip. After arriving in Paris, the group decided to rent a car and drive to Poffabro. The group planned to spend a few days in the old hometown, and then drive to Rome and back to Paris. The three men never made it to Rome, and in the words of Tony Filippi, they got "sidetracked in Poffabro".

I can't state it any better, so here are the words directly from the article:
"The change in plans was caused by three Poffabro girls. It was Summer and the girls were pretty. So, when Filippi, Roman and Marcolina finally left Poffabro and began their homeward journey, they were no longer bachelors. Filippi married Neda Longo. Maria Vallar had become Mrs. Roman. And Marcolina had married Rina Brun. 'It was', says Filippi, 'quite a vacation'."

Best wishes to the Roman, Filippi and Marcolina families on the $70^{\text {th }}$ anniversary of these 3 marriages. We thank Esther Colussi for preserving this article and sharing it with us. An image of the preserved article is below.


## A Furlan's Guide for Staying Active During the Corona Virus Shutdown"

by Joe and Esther Colussi
With the shutdown still in place and everyone getting bored from staying home.
Here is a list of things you can do to stay busy at home.

1. Make home-made gnocchi. - unfortunately, I do not have a handed-down recipe to share. The only advice I know from Mom is - "Use IDAHO potatoes!". I cheat and buy frozen P\&S brand gnocchi.
2. Go out and pick pestenala. - This brings back childhood memories of climbing fences at local farms to pick pestenala with my Agna Melia and Agna Vilma. I looked in my yard, but the weed \& feed I applied last year removed my hopes of a yard picked salata. FYI- dandelions have lots of minerals.
3. Listen to music from Friuli. Live stream: https://www.sorrriso.it/. It's "Più giovane che mai!".
4. Make salamora (brined cheese). Eat as-is or make frico. Ingredients: lidded jar or crock, water, salt \& cheese - store in the refrigerator. Mom says "add enough salt to float an egg" - too little and your cheese turns to mush. Those with high blood pressure, CONSULT YOUR DOCTOR BEFORE EATING!
5. Look up new Furlan words at http://www.friul.net/multilingue/ This site offers translations of several words between: English, Furlan, Italian, Spanish, Slovenian, German and French.
6. Make a birdhouse or put out some seeds and watch all the different birds that come. It is breeding time of year - for wrens the hole should be the size of a quarter, or the larger birds will go in. The wren at my house lost a battle with a sparrow because the store-bought birdhouse had a large hole.
7. Plant a garden. You have time to dug up your whole backyard, but if you are new to gardening, start with a small patch or planter box. You will appreciate your efforts when you get to eat from it later.
8. Mix a polenta the old way - Not using a microwave or the quick cornmeal. Good for about 45 minutes and a few glasses of vino. Be careful when the polenta spews up like a volcano $-2^{\text {nd }}$ degree burns!
9. Pick your Mother or Wife some wildflowers, and a few for the Blessed Mother - it is still May.
10. Bake some biscotti per La Festa del Papà. https://www.sorrriso.it/ricettario/biscotti-la-festa-del-papa/ Other traditional recipes are available on the site; look under 'RUBRICHE' > 'RICETTE'.
11. Tile something - it is in your blood and will come naturally. Start small, maybe the outside of a ceramic pot or a trivet, before working your way up to your laundry room or a bathroom.
12. Watch YouTube videos from "the old country". Here are a few links to get you started:

Poffabro \& Frisanco: https://www.youtube.com/watch?v=obUml_MKQD4 https://www.youtube.com/watch?v=p_pEsBMLPOc https://www.youtube.com/watch?v=iZKnveluz_Y
Carnia: https://www.youtube.com/watch?v=fhDhkUmq6HA https://www.youtube.com/watch?v=DCh5AGEU2Uk https://www.youtube.com/watch?v=-L-HsqeUyB4
Vajont Dam Disaster: https://www.youtube.com/watch?v=IkGnnc8EzIk
13. "Voltâ li scuete" - a favorite saying of my Father to visitors - "Why are you leaving so soon? Do you have to go home and voltâ li scuete?" You have to make the scuete (cheese curd) before you can turn them - email newsletter@EFASCE.net to request a recipe and directions.
I hope everyone stays well, and you enjoy the ideas and humor above. If you try any of these ideas, please BE SAFE \& wash your hands! If needed I will work on an installment for the next newsletter.


Image posted in Friulani in Italia e nel mondo Facebook Page

## Learn Furlan - By Joe Colussi

In keeping with the topic of the pretty ladies of Poffabro in our 'Do You Remember' section, and as a belated tribute to our Mothers, here's part of a poem taken from 'La Valle del Colvera', by Marina Roman Ros, Alma Pellegrini Mazzoli and Armida Colussi. Many thanks to Lora Freifeld, Madalena Lorenzon, and Javier Grossutti for their help in translating this poem. The words are presented as spelled in the book.
My sincere apologies to the ladies from Casasola, and a belated Happy Mother's Day to all our Mothers you are ALL beautiful and we love you ALL!

| In Pofavri a son chê bieli, | In Poffabro there are the beautiful ones, |
| :---: | :---: |
| in Frisanc a è la flour, | in Frisanco there are the flowers, |
| in Ciasasola and'è una sola | in Casasola there is only one |
| nancja chê nissun la voul. | Even though no one would want her. |
| In Andreis a è la fievra, | In Andreis they have the fever |
| in Frisanc al è il sugàt, | in Frisanco they are all dry |
| in Pofavri a son chê bieli | in Poffabro there are the beautiful ones |
| dal calour di vin e lat. | of the color of wine and milk. (Refers to rosy cheeks and pale skin) |
|  | *********** |
| E ce conta a essi bieli | But what does it matter to be beautiful |
| Se nal è ancj' il biel fâ, | Even if beauty makes you, |
| a è la gracia che ch'à conta | it is the graces that count |
| e ch'à fai inamorâ. | And that will make you fall in love. |
| e chà fa inamá. | * * * * * * * * * * |
| Maridàivi zuvinini, | Marry in your youth girls, |
| toleîsu ce ch'a vi ven, | take what comes to you, |
| na steit spetâ da vignî vecj, | don't wait to get old, |
| chi li rosi a deventin fen. | that the flowers will become hay. |

The poem dates back many centuries when all the small hill towns were rivals under different rulers. There are 19 more verses to this poem in the "Canti e Villotte" section of the book.

Villotta (pl. villotte) is a type of song found mainly in Northern Italy, especially in Friuli.
Often using folk music or songs in dialect, the structure of the modern villotta has four lines of verse followed by a refrain. Villotte from the sixteenth century are typically dialect songs that frequently contain nonsense syllables and passages. (Wikipedia)

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